

TUMESCENT LIPOSUCTION COURSE

Schedule

Saturday October 3

- 8:00 - 8:30: Breakfast**
- 8:40 - 9:30: I. Selecting the RIGHT patient**
- A. Obesity, Anorexia and Body dysmorphic syndrome
 - B. Physical exam
 - C. Marking the patient pre-op
 - D. Photos of the patient pre and post markings
 - E. Pre op medications
- 9:30 – 10:15: II. Tumescent Anesthesia**
- A. Keeping Lidocaine levels within safe range
 - B. CYP3A4 enzyme inhibiting drugs
 - C. CYP3A4 competitive drugs
- 10:15 - 11:00: III. How to perform Liposuction**
- A. Techniques for body zones that can be treated with Liposuction
 - 1. Abdomen
 - 2. Back
 - 3. Hips
 - 4. Buttocks
 - 5. Thighs
 - 6. Knees
 - 7. Calves
 - 8. Ankles
 - 9. Arms
 - 10. Chin
 - 11. Male chest
 - 12. Panniculus
- 11:00 - 11:30: IV. Aftercare**
- A. Dressings
 - B. Medications
 - C. Post op visits
- 11:30 - 12:00: V. Complications**
- A. Edema
 - B. Infection
 - C. DVT
 - D. Overdose
 - E. Zone specific complications
 - 1. Buttocks
 - 2. Abdomen
 - 3. Chin
 - 4. Thighs
 - 5. Arms
- 12:00 - 12:30: Lunch**

- 12:40 - 4:30:** Hands on Liposuction case
Marking of patient
Physical exam
Tumescent Infiltration
Liposuction
Post op dressings
- 4:30 – 5:00:** Final questions and answers



Sunday October 4

- 8:00 - 8:30:** Breakfast
- 8:40 - 12:30:** Hands on Liposuction case
Marking of patient
Physical exam
Tumescent Infiltration
Liposuction
Post op dressings
- 12:30 - 1:30** Lunch
- 1:30 - 5:00:** Hands on Liposuction case
Marking of patient
Physical exam
Tumescent Infiltration
Liposuction
Post op dressings
- 5:00 – 5:30:** Final questions and answers