

## Course Outline

Saturday, March 6<sup>th</sup>

- 7:30-8:00**            **Welcome Continental Breakfast**
- 8:00-10:00**           **History of Liposuction Procedure:**
- Anatomy Review
  - Office based liposuction using tumescent anesthesia
  - Patient Preparation & preoperative medications
  - Identifying safe limits of lidocaine & side effects
  - Discussing physical space requirements
  - Instrument selection
  - Patient markings
  - Tumescent anesthesia preparation
- 10:00-1:00**           **Live Surgery:**
- Abdomen and Flanks with *hands on opportunity*
- 1:00-1:45**            **Lunch- Discussion of the case**
- 2:00-4:00**            **Live Surgery:**
- Male Breast
- 4:00-5:30**            **Question and Answer Session, overall review**

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Sunday, March 7<sup>th</sup>

**7:30-8:00 Continental Breakfast**

**8:00-9:00 Practical Considerations:**

- Room Set Up
- Keys to pre-post op photography
- Follow-up protocol (ultrasound, Massage, exercise ball)

**9:00-11:30 Live surgery:**

Outer Thighs