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Course Outline

Friday, February 12th

7:30-8:00

Welcome Continental Breakfast

8:00-10:00

History of Liposuction Procedure:

- Anatomy Review
- Office based liposuction using tumescent anesthesia
- Patient Preparation & preoperative medications
- Identifying safe limits of lidocaine & side effects
- Discussing physical space requirements
- Instrument selection
- Patient markings
- Tumescent anesthesia preparation

10:00-1:00

Live Surgery:

- Abdomen and Flanks with *hands on opportunity*

1:00-1:45

Lunch- Discussion of the case

2:00-4:00

Live Surgery:

- Male Breast

4:00-5:30

Question and Answer Session, overall review

Saturday, February 13th

7:30-8:00

Continental Breakfast

8:00-9:00

Practical Considerations:

- Room Set Up
- Keys to pre-post op photography
- Follow-up protocol (ultrasound, Massage, exercise ball)

9:00-11:30

Live surgery:

- Outer Thighs